

OREGON TECH TRACK AND FIELD TOP-10 LIST

MEN'S ALL-TIME RECORDS

100-METERS

Donnie Pate	10.80a	2018
Rob Brown	10.84c	1959
Travis Thomas	10.89a	2018
Jake Ovgard	10.91a	2014
Andy Tatman	10.97a	2003
Jguwon Hogges	10.99a	2007
Angel Valdez	11.07a	2021
Chris Therial	11.08a	1999
Rey Chavolla	11.13a	2010
Mark Hodge	11.13a	2021

200-METERS

Travis Thomas	21.34a	2018
Jguwon Hogges	21.77a	2007
Donnie Pate	21.78a	2018
Paul Ogawa	21.83a	2001
Rey Chavolla	22.24c	2011
Angel Valdez	22.24a	2018
Aaron Browne-Moore	22.44a	2015
Josiah Stroup	22.49a	2018
Dan Martin	22.57a	2005
Matt Ehrenstrom	22.58a	2001

400-METERS

Jguwon Hogges	48.08a	2008
Travis Thomas	48.33a	2018
Angel Valdez	48.50a	2021
Paul Ogawa	49.14c	2001
Dan Martin	49.17a	2005
Mark-Lee Joseph	49.32a	2016
Kyle Gomez	49.44a	2011
Josiah Stroup	49.56a	2018
Ryan Doherty	49.85a	2025
Louie Pike	49.94c	1972

800-METERS

Bill Leighty	1:50.78a	1999
Kevin Jorgenson	1:51.21a	2014
Tucker Piper	1:54.23a	2025
Justin Nakamura	1:54.76a	1998
Paul Wyatt	1:55.02a	2018
Ricky Garcia	1:55.15a	2015
Connor Devereux	1:55.80a	2015
Chris Ramirez	1:55.85a	2019
Ed Ronnigan	1:56.0	1997
Seth Hernandez	1:56.41a	2010

WOMEN'S ALL-TIME RECORDS

100-METERS

Margaret Paul	11.98a	2017
Amber Von Essen	12.18a	2018
Kelsi Haylett	12.22a	2006
Mckenna Donovan	12.38a	2025
Heather Werth	12.54a	2000
Sydney Soskis	12.54a	2025
Giftly Nkansah	12.57a	2021
Heather Radke	12.63a	2003
Samantha Gilbert	12.72a	2005
Emilee Nehring	12.72a	2010

200-METERS

Amber Von Essen	25.36a	2018
Sydney Soskis	25.53a	2025
Mckenna Donovan	25.67a	2025
Kelsi Haylett	25.90a	2006
Emilee Nehring	26.01a	2011
Heather Werth	26.11a	2000
Margaret Paul	26.28a	2017
Lily Lavine	26.33a	2022
LaShell Larman	26.39a	2009
Heather Radke	26.39a	2003

400-METERS

Amber Von Essen	57.08a	2018
Susie Garza	58.28a	2015
Lily Lavine	58.91a	2022
Eva Brady	59.68a	2023
Tiffany Humpherys	59.74a	2025
Sarah Cook	60.00a	1999
Mindy McGrath	60.29a	2000
Katie Waugh	60.73a	2013
Ava Blatchford	61.00a	2025
Lori Barrett	61.02a	2008

800-METERS

Susie Garza	2:13.52a	2018
Danielle De Castro	2:14.04a	2019
Katie Waugh	2:14.60a	2013
Mindy McGrath	2:16.37a	2000
Mary Matchett	2:16.99a	2015
Andrea Nations	2:19.40a	2005
Eva Brady	2:20.08a	2024
Delani Dietrich	2:20.57a	2019
Rachel Novak	2:21.11a	2010
Cindy Reed	2:21.73a	2016

OREGON TECH TRACK AND FIELD TOP-10 LIST

MEN'S ALL-TIME RECORDS

1,500-METERS

Kevin Jorgenson	3:50.12a	2011
Paul Adams	3:54.65a	2013
Dakotah Webb	3:56.08a	2015
Jack Roberts	3:57.39a	2017
Paul Wyatt	3:58.19a	2019
Brett Long	3:58.32a	2000
Perry Custance	3:59.87a	2001
Ed Ronnigan	4:03.1	1997
Chris Ramirez	4:03.17a	2019
Mark French	4:03.25a	2017

3,000-METERS

Scott Minor	8:49.90a	2012
Paul Adams	8:51.77a	2013
Ben Schulz	8:55.23a	2015
Kirby Garlitz	9:02.25a	2014
Jack Roberts	9:02.66a	2014
Zach Hammond	9:03.07a	2015
Dakotah Webb	9:08.75a	2014
Ryan Pierce	9:15.75a	2015
Hank Bingham	9:25.39a	2015
Tim McPherson	9:29.95a	2016

5,000-METERS

Mark French	14:25.82a	2021
Chris Ramirez	14:40.75a	2021
Paul Adams	14:44.38a	2014
Nick McMillen	14:49.31a	2022
Jonas Hartline	14:49.54a	2023
Jack Roberts	14:56.42a	2018
Brett Long	15:06.00	2000
Joe Wilkinson	15:10.09a	2023
Perry Custance	15:11.00	2002
Ben Schulz	15:11.47a	2015

10,000-METERS

Mark French	30:40.48a	2021
Nick McMillen	30:52.62a	2022
Jonas Hartline	30:59.51a	2022
Scott Minor	31:24.51a	2013
Korey Humbeston	31:57.22a	2008
Ben Schulz	32:14.28a	2017
Jack Roberts	32:18.98a	2017
Kirby Garlitz	32:54.25a	2014
Jed Tolbert	32:57.76a	2011
Victor Rios	32:57.88a	2019

WOMEN'S ALL-TIME RECORDS

1,500-METERS

Danielle De Castro	4:27.52a	2019
Susie Garza	4:37.42a	2015
Cindy Reed	4:41.50a	2019
Mary Matchett	4:41.83a	2015
Ashley Baldovino	4:48.23a	2013
Rachel Novak	4:49.72a	2010
Amy Bricco	4:50.01a	2004
Elissa Stoltz	4:50.19a	2015
Jordan Monroe	4:51.69a	2017
Samantha Lindauer	4:54.57a	2014

3,000-METERS

Mary Matchett	10:21.95a	2015
Danielle De Castro	10:24.74a	2016
Sarah Howard	10:30.83a	2015
Elissa Stoltz	10:43.46a	2015
Brandee Shoemaker	10:51.00	2000
Rhonda Costin	10:51.00a	2015
Amy Bricco	10:55.86a	2005
Hannah Mason	10:56.19a	2019
Megan Czerny	11:03.18a	2007
Samanth Lindauer	10:21.95a	2014

5,000-METERS

Cindy Reed	17:07.61a	2019
Susie Garza	17:09.41a	2019
Danielle De Castro	17:15.24a	2019
Mary Matchett	17:40.76a	2015
Amy Bricco	18:07.70	2004
Sara Howard	18:08.05a	2015
Faith Widman	18:12.00a	2019
Jordan Monroe	18:12.60a	2017
Elissa Stoltz	18:13.65a	2015
Megan Perozzi	18:28.02	2006

10,000-METERS

Cindy Reed	36:12.35a	2019
Amy Bricco	38:18.85a	2005
Annika Anderson	38:54.75a	2019
Faith Widman	39:17.24a	2019
Megan Czerny	39:34.28a	2007
Mallory Ward	39:46.81a	2019
Rhonda Costin	40:33.07a	2016
Anna Lambdin	41:03.48a	2008
Chloe Crawford	41:17.70a	2025
Raleena Maxson	41:31.74a	2025

OREGON TECH TRACK AND FIELD TOP-10 LIST

MEN'S ALL-TIME RECORDS

110-METER HURDLES

Seth Gretz	14.77a	2016
Scott Toll	14.94c	1977
Caleb Buchanan	15.02a	1997
Daniel Brattain	15.02a	2015
Chris Bird	15.14a	1999
Nick Best	15.37a	2006
Bryant Sentman	15.60a	2011
Kyle Raecke	15.61a	2015
Anthony Padilla	15.66a	2014
Jacob Murray	15.72a	2015

400-METER HURDLES

Travis Thomas	52.54a	2018
Kyle Raecke	53.70a	2015
Chris Bird	53.74a	1999
Steve Vetter	54.44c	1969
Ryan Doherty	55.45a	2025
Will Farmer	55.59a	1997
Angel Valdez	55.91a	2019
Adam Allen	56.12a	2013
Nick Best	56.51a	2006
Jacob Murray	56.53a	2012

3,000-METER STEEPLECHASE

Brett Long	9:06.20	2000
Perry Custance	9:11.74a	2003
Joe Wilkinson	9:26.84a	2023
Tychon Preston	9:34.80a	2024
Braedan Doherty	9:36.68a	2024
Jonas Hartline	9:39.08a	2023
Tucker Piper	9:40.84a	2024
Jimmy Addison	9:42.60a	2005
Zach Hammond	9:45.96a	2015
Tim McPhearson	9:46.55a	2017

HALF MARATHON

Scott Minor	1:11:23a	2014
Kirby Garlitz	1:11:38a	2014
Paul Adams	1:12:05a	2013
Arne Carey	1:13:14	1997
Aaron Miller	1:17:24	2001
Adrian Mateos	1:18:38	2007
Devin Payne	1:19:28	2007
Caleb Kauffman	1:21.49	2016

WOMEN'S ALL-TIME RECORDS

100-METER HURDLES

Nikki Smith	14.55a	2008
Samantha Gilbert	14.72a	2005
Kara Wood	14.72a	2016
Ally Odell	15.17a	2024
Michelle Klaja	15.52a	2008
Amber Von Essen	15.55a	2017
Kelsi Haylett	15.58a	2006
Tina Ogburn	15.64a	2001
Mandy Samudio	15.65a	1999
Macy Campbell	15.80a	2002

400-METER HURDLES

Krystal Lonien	64.05a	2006
Amber Von Essen	64.30a	2017
Nikki Smith	64.61a	2008
Kari Sundblad	65.85a	1999
Samantha Gilbert	66.05a	2005
Mindy McGrath	66.56a	2000
Lily Everson	66.71a	2024
Stacy Lambert	67.52a	2001
Brittini Rogers	68.00a	2013
Grace Smith	68.69a	2015

3,000-METER STEEPLECHASE

Elissa Stoltz	11:17.72a	2015
Cindy Reed	11:21.34a	2019
Annika Anderson	11:24.45a	2019
Sara Howard	11:24.86a	2015
Megan Czerny	11:44.85a	2007
Charis Childers	11:46.42a	2025
Mallory Swan	11:48.30a	2004
Luci Boyle	11:52.50a	2005
Janessa Hoppe	11:53.24	2007
Jane Kuebrich	11:54.27a	2024

HALF MARATHON

Rhonda Costin	1:29:56a	2016
Sara Howard	1:33:45a	2014
Kayla Parsons	1:36:37a	2014

OREGON TECH TRACK AND FIELD TOP-10 LIST

MEN'S ALL-TIME RECORDS

MARATHON

Kirby Garlitz	2:39:22.90a	2013
Scott Minor	3:01:41a	2012

5,000-METER RACEWALK

Randy Fox	26:46.4	2008
Ethan Howard	27:13	2008

4x100-METER RELAY

(Stroup, Pate, Valdez, Hodge)	41.96a	2019
(Stroup, Pate, Valdez, Thomas)	42.09a	2018
(Sanchez, Doherty, Selby, Wyman)	42.31a	2025
(Sanchez, Stevens, Wyman, Lien)	42.64a	2024
(Sizer, Nelson, Weeks, Ogawa)	42.71a	2000
(Howard, Sentman, Gomez, Chavolla)	42.72a	2011
(Ogawa, Weeks, Douglas, Palmeter)	42.81a	2003
(DePeel, Gomez, Lewis, Hogges)	42.89a	2008
(Murray, Browne-Mo, Jones, Gretz)	43.02a	2015
(Lewis, Matchett, Carter, Hogges)	43.08a	2007

4x400-METER RELAY

(Valdez, Wyatt, Stroup, Thomas)	3:16.16a	2018
(Ogawa, Weeks, Nelson, Sizer)	3:17.4	2001
(Pate, Ramirez, Stroup, Valdez)	3:21.08a	2019
(Roberson, Matchett, Lewis, Hogges)	3:21.84a	2007
(Muswieck, Browne-Mo, Raecke, Brattain)	3:21.94a	2015
(Nash, Nakamura, Leighty, Ronnigan)	3:22.13a	1998
(DePeel, Gomez, Hernandez, Hogges)	3:22.95a	2008
(Gomez, Jorgenson, Hernandez, Chavolla.)	3:23.90a	2011
(Claybaugh, Wyatt, Pate, Valdez)	3:23.99a	2017
(Connell, Wyatt, Gretz, Brattain)	3:24.60a	2016

WOMEN'S ALL-TIME RECORDS

MARATHON

Amy Bricco	3:13:56	2006
Megan Czerny	3:17:05	2007

5,000-METER RACEWALK

Jacquelyn Graves	18:52.72a	2008
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4x100-METER RELAY

(Wood, VonEssen, Young, Paul)	48.63a	2017
(Haylett, Estes, Jones, Gilbert)	48.64a	2004
(Stolz, Smith, Sticka, Haylett)	49.04a	2007
(Gilbert, Estes, Jones, Haylett)	49.09a	2005
(Larman, Ash, Nehring, Smith)	49.39a	2010
(Stolz, Smith, Sticka, Larman)	49.43a	2008
(Anderson, Soskis, Humpherys, Donovan)	49.43a	2025
(Estes, Campbell, Jones, Radke)	49.47a	2003
(Larman, Ash, Hawkins, Smith)	49.82a	2009
(Clark, Campbell, Estes, Radke)	50.09a	2002

4x400-METER RELAY

(Lavine, De Castro, Garza, Von Essen)	3:57.70a	2019
(Gilbert, Sticka, Klaja, Lonien)	4:00.1	2005
(Paul, Babbage, Garza, Von Essen)	4:01.16a	2017
(Soskis, Everson, Donovan, Humpherys)	4:03.14a	2025
(Smith, Novak, Nehring, Ash)	4:03.51a	2010
(Sticka, Barrett, Larman, Smith)	4:04.44a	2008
(Garza, Wood, Keys, Thompson)	4:04.82a	2015
(Young, Evers, Garza, Von Essen)	4:05.68a	2018
(Botsford, Matchett, Baldovino, Waugh)	4:06.05a	2013
(Sticka, Ash, Smith, Haylett)	4:06.08a	2007

OREGON TECH TRACK AND FIELD TOP-10 LIST

MEN'S ALL-TIME RECORDS

HIGH JUMP

Chris Bird	2.10m	6-10.75	1999
Jeff Bradford	2.06m	6-09	1976
Bryant Sentman	2.05m	6-08.75	2010
Pat Ferguson	1.99m	6-06.25	1997
Matt Ehrenstrom	1.96m	6-05	2001
Ryan Vancleave	1.96m	6-05	2007
Seth Gretz	1.96m	6-05	2018
Dillon Claybaugh	1.94m	6-04.25	2018
Hans Christenson	1.93m	6-04	2004
Jimmy Drago	1.93m	6-04	2002
Cole Lathrop	1.93m	6-04	2005
Brian Christie	1.93m	6-04	2005
Jguwon Hogges	1.93m	6-04	2008
Nate Lewis	1.93m	6-04	2008
Lee Hanson	1.93m	6-04	2013

POLE VAULT

Hunter Drops	4.95m	16-02.75	2019
Tyas Selby	4.95m	16-02.75	2025
Bryan Quinn	4.93m	16-01.75	2004
Seth Gretz	4.90m	16-00.75	2017
Eli Stevens	4.84m	15-10.50	2025
Jared McGrath	4.75m	15-07	1999
Brady McGrath	4.75m	15-07	1999
Chris Martinez	4.70m	15-05	2023
Matt Ehrenstrom	4.65m	15-03	2001
Terry Buzzard	4.60m	15-01	1997
Kevin Ellingson	4.55m	14-11	2012

LONG JUMP

Zuhuri Manley	7.12m	23-4.5	2018
Keith Lester	7.07m	23-2.5	2013
Anthony Sizer	7.01m	23-00	2001
Seth Gretz	6.89m	22-07.25	2018
James Reynolds	6.86m	22-06	1998
Tate Wyman	6.85m	22-05.75	2025
Derek Larman	6.81m	22-04	2010
Dan Henry	6.69m	21-11.5	1974
Eli Stevens	6.67m	21-10	2024
James Simones	6.61m	21-08.25	2007

WOMEN'S ALL-TIME RECORDS

HIGH JUMP

Michelle Klaja	1.68m	5-06	2008
Kasey Jones	1.65m	5-05	2005
Stacy Lambert	1.63m	5-04	2002
Heather Radke	1.63m	5-04	2003
Emilee Nehring	1.61m	5-03.25	2011
Tracy Filley	1.60m	5-03	2009
Katey Choukalos	1.60m	5-03	2013
Jasmine James	1.60m	5-03	2018
Veronica Norris	1.59m	5-02.5	2016
Ally Odell	1.59m	5-02.5	2024

POLE VAULT

Nishi Chase	3.55m	11-07.75	2018
Shannelle Cayetano	3.50m	11-05.75	2013
Deveny West	3.35m	11-00	2002
Julia Ketcham	3.35m	11-00	2025
Becca McGee	3.25m	10-08	2025
Danielle Michael	3.20m	10-06	2017
Katie Ingram	3.19m	10-05.5	2016
Heather Seabold	3.05m	10-00	2008
Keisha Causey	3.05m	10-00	2005
Abigail Shaw	2.95m	9-08	2018

LONG JUMP

Amy Sticka	5.74m	18-10	2008
Heather Werth	5.69m	18-07.75	2000
Emily Nehring	5.63m	18-05.5	2010
Katey Choukalos	5.53m	18-01.75	2013
Samantha Gilbert	5.51m	18-01	2004
Heather Radke	5.50m	18-00.25	2003
Mckenna Donovan	5.44m	17-10.25	2025
Kasey Jones	5.41m	17-09	2005
Kelsi Haylett	5.41m	17-09	2006
Sophia Small	5.27m	17-03.50	2025

OREGON TECH TRACK AND FIELD TOP-10 LIST

MEN'S ALL-TIME RECORDS

TRIPLE JUMP

Joel Matchett	14.63m	48-00	2007
Zuhuri Manley	14.40m	47-03	2018
Keith Lester	14.22m	46-08	2013
Chris Bird	13.98m	45-10.25	1999
Matt Estes	13.85m	45-5.25	2009
Chris Theiral	13.65m	44-09.5	1999
Tim Ingham	13.54m	44-05	1998
Chris Toman	13.47m	44-02.5	1997
Jesse Brewster	13.41m	44-00	2010
Aaron Browne-Mo	13.29m	43-07.25	2015

SHOT PUT

Rich Carter	16.10m	52-10	1967
Mike Voight	15.44m	50-07.75	1996
Brian Wuethrich	15.24m	50-00	2007
Duke York	15.04m	49-4.25	2018
Patrick Pfrehm	15.03m	49-04	1998
Dennis Lockling	14.84m	48-08	1998
Chris Squires	14.61m	47-11	2002
Nick Bakke	14.37m	47-01.5	2003
Tim Barnett	14.34m	47-00.75	2019
Nate Morrical	14.11m	46-03.25	2005

DISCUS

Mike Voight	48.26m	158-04	1997
Stan Washington	46.31m	151-11	1974
Kyle Hill	45.90m	150-07	2004
Tim Barnett	44.90m	147-04	2019
Nate Morrical	43.31m	151-04	2006
Patrick Pfrehm	43.31m	142-01	1998
Bryant Sentman	42.87m	140-07	2010
Dominic Meads	42.74m	140-03	2017
Montgomery Payne	42.22m	138-06	2018
Greg Smith	42.19m	138-05	1996

WOMEN'S ALL-TIME RECORDS

TRIPLE JUMP

Amy Sticka	12.01m	39-04.75	2008
Heather Werth	11.61m	38-01	2000
Heather Radke	11.48m	37-07.75	2002
Kasey Jones	11.24m	36-10.5	2005
Jasmine James	11.13m	36-06.25	2018
Sophia Small	11.11m	36-05.50	2025
Emilee Nehring	10.68m	35-00.5	2008
Michelle Klaja	10.67m	35-00.25	2005
Kaela Ash	10.58m	34-08.5	2010
Breanna Burns	10.56m	34-7.75	2011

SHOT PUT

Kassi Condjtt	13.99m	45-10.75	2014
Brianne Kenyon	13.06m	42-10.25	2009
Aurora Parsons	12.98m	42-07	2025
Beth Fuller	12.45m	40-10.25	2009
Michelle Klaja	11.93m	39-01.75	2008
Susan Tyree	11.74m	38-06	1998
Sabrina Ross	11.72m	38-05.5	1999
Ally Odell	11.40m	37-05	2023
Finausulieti Tuifua	11.31m	37-01.25	2021
Sarah Shelb	11.23m	36-10	2010

DISCUS

Aurora Parsons	42.42m	139-02	2025
Brianne Kenyon	41.83m	137-03	2009
Ciena Gregory	38.70m	127-00	2024
Becky Schwartz	38.20m	125-04	2005
Kassi Conditt	37.96m	124-06	2014
Finausulieti Tuifua	37.57m	123-03	2021
Emily Bitler	37.13m	121-10	2023
Carissa Choukalos	36.79m	120-08	2017
Sabrina Ross	35.53m	116-07	1997
Beth Fuller	35.05m	115-00	2009

OREGON TECH TRACK AND FIELD TOP-10 LIST

MEN'S ALL-TIME RECORDS

HAMMER THROW

Dennis Lockling	53.65m	176-00	1999
Kyle Hill	50.96m	167-02	2004
Duke York	48.60m	159-05	2018
Alexander Turkins	44.45m	145-10	2018
Montgomry Payne	44.07m	144-07	2021
Mike Voight	43.69m	143-04	1997
Dominic Meads	43.32m	142-01	2017
Hunter Enick	42.61m	139-09	2024
Stan Washington	42.01m	137-10	1975
Nathan Reed	40.85m	134-00	1997

JAVELIN

Hunter Drops	70.93m	232-08.50	2021
Jose Ignacio	66.95m	219-07.75	2024
Nick Bakke	63.81m	209-04	2003
Tony Grant	75.90m	249-00***	1972
Steve Carter	63.67m	209-02	2007
Bryant Sentman	63.58m	208-07	2011
Brian Mahoney	62.08m	203-08	2006
Trevor Lundsten	61.48	201-08.25	2015
Kyle Gomez	61.22m	200-10	2008
Robert Beals	60.73m	199-03	1998

*** Pre-1996 IAAF standard javelin

DECATHLON

Bryant Sentman	7097	2011
Seth Gretz	6895	2018
Eli Stevens	6668	2025
Thomas Dodgen	6664	2022
Hunter Drops	6438	2021
Matt Ehrenstrom	6280	2001
Hans Christensen	6203	2006
Daniel Brattain	6152	2015
Caleb Buchanan	6151	1998
Nick Best	6058	2006

WOMEN'S ALL-TIME RECORDS

HAMMER THROW

Katie Mull	48.45m	158-11.5	2024
Brianne Kenyon	43.22m	141-09	2009
Becky Schwartz	41.33m	135-07	2007
Madison Rice	40.78m	133-09	2021
Emily Bitler	39.81m	130-07	2024
Jessie Robertson	39.55m	129-09	2010
Finausulieti Tuifua	39.15m	128-05	2021
Lianna Brown	38.23m	125-05	2002
Carissa Choukalos	36.72m	120-06	2019
Beth Fuller	36.14m	118-07	2009

JAVELIN

Joelle Swanson	48.16m	158-0.25	2015
Alex Conley	47.70m	156-6	2019
Sarah Shelb	47.50m	155-10	2010
Michelle Klaja	46.05m	151-01	2008
Kelsey Stolz	46.01m	150-11	2008
Blair Wilkinson	42.75m	140-03	2009
Aarika Brooks	42.75m	140-03	2021
Brittan Bratscher	42.24m	138-07	2023
Kasey Jones	42.04m	137-11	2005
Stephanie Jensen	41.86m	137-04	2005

HEPTATHLON

Michelle Klaja	4710	2008
Ally Odell	4480	2024
Amber Von Essen	4426	2017
Kasey Jones	4340	2003
Katey Choukalos	4291	2013
Allison Young	3818	2019
Aarika Brooks	3635	2021
Bre Burns	3540	2011
Dani Sundet	3487	2016
Krystal Lonien	3446	2006